



# RESORT ACTIVITIES

## FAIRMONT BANFF SPRINGS

### ACTIVITIES @ THE CASTLE

AUGUST 2021

#### CONTACT US FOR MORE INFO

For more details regarding Resort Activities, please contact Royal Service at +1 403 762 2211, by e-mail at [banffsprings@fairmont.com](mailto:banffsprings@fairmont.com), or visit our Resort Activities Room on M1 from 9:00am - 5:00pm

TEXT 'ACTIVITIES' TO 403 768 1777 TO RECEIVE THE WEEKLY RESORT GUIDE ON YOUR PHONE!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	RUNGO APP & GEOCACHING Daily @Resort Activities Centre M1 for more info						
	CASTLE TREASURE HUNT & ACTIVITY BOOKLETS Daily @Concierge Desk						
	EQUIPMENT RENTALS Daily @Resort Activities Centre M1 (Bikes, Stand Up Paddleboards, Cleats, Hiking Poles) 9:00am - 5:00pm						
	CRAFT KITS Daily Pick Up @Resort Activities Centre M1 9:00am - 5:00pm						
	NATURALIST TABLE, WEATHER UPDATES & WILDLIFE SAFETY INFORMATION Daily @Resort Activities Centre M1 10:00am - 3:00pm						
	ARTIST IN RESIDENCE Daily @Artist Room, Lobby Level						
6:30am		HIGH ALTITUDE INTENSITY* 6:30am - 7:30am @Fitness Centre		REACH YOUR PEAK* 6:30am - 7:30am @Fitness Centre	CIRCUIT TRAINING* 6:30am - 7:30am @Fitness Centre		
7:00am					TUNNEL MOUNTAIN HIKE* 7:00am - 10:00am @Outdoor Rec Centre		
8:30am	YIN-YANG YOGA* 8:30am - 9:30am @Fitness Centre					SLOW FLOW YOGA* 8:30am - 9:30am @Fitness Centre	VINYASA FLOW YOGA* 8:30am - 9:30am @Fitness Centre
9:00am	TENNIS & ADVENTURE DAY CAMP* 9:00am - 12:00pm \$35/Day (ages 7-13yrs) @Outdoor Rec Centre						
10:00am	WALKS WITH BEAR, OUR CANINE AMBASSADOR* 10:00am, 1:00pm & 3:00pm @Resort Activities Centre M1						
12:00pm			MUSCLE CONDITIONING* 12:00pm - 12:45pm @Fitness Centre		HIGH ALTITUDE INTENSITY* 12:00pm - 12:45pm @Fitness Centre		
12:30pm	WILDERNESS WALK* Daily 12:30pm - 2:00pm @Outdoor Rec Centre						
1:15pm		TOWN WALKING TOUR* 1:15pm - 2:45pm @Outdoor Rec Centre		TOWN WALKING TOUR* 1:15pm - 2:45pm @Outdoor Rec Centre			TOWN WALKING TOUR* 1:15pm - 2:45pm @Outdoor Rec Centre
1:30pm	LAWN GAMES* Daily 1:30pm - 2:30pm @Vermillion Lawn						
3:00pm	FAMILY FUN TIME* Daily 3:00pm - 4:00pm @Kids at the Castle						
3:30pm / 4:30pm	LOCAL AREA & HOTEL HISTORY TOUR* Daily 3:30pm & 4:30pm @VIP Courtyard						
4:00pm				BANFF SPRINGS PIPER 4:00pm - 4:15pm @Vermillion Lawn			
5:00pm	BOCCE BALL COURT* 5:00pm - 7:30pm			BOCCE BALL COURT* 5:00pm - 10:30pm		BOCCE BALL COURT* 5:00pm - 7:30pm	
5:30pm	REACH YOUR PEAK* 5:30pm - 6:30pm @Fitness Centre	20, 20, 20* 5:30pm - 6:30pm @Fitness Centre	VINYASA FLOW YOGA* 5:30pm - 6:30pm @Fitness Centre	CIRCUIT TRAINING* 5:30pm - 6:30pm @Fitness Centre			
6:00pm		TENNIS SKILLS & DRILLS* 6:00pm - 9:00pm @Tennis Courts	TENNIS LADIES NIGHT* 6:00pm - 9:00pm @Tennis Courts	TENNIS MEN'S NIGHT* 6:00pm - 9:00pm @Tennis Courts	VERMILION LAKES BIKE* 6:00pm - 7:30pm @Outdoor Rec Centre		
6:30pm		VIRTUAL PAINT NIGHT*			PAINT & SIP* See Weekly Resort Guide		
8:00pm	VIRTUAL ESCAPE ROOM*		LOCAL TRIVIA* See Weekly Resort Guide	LOCAL CRAFTS* See Weekly Resort Guide		LEATHER MAKING* See Weekly Resort Guide	BINGO* See Weekly Resort Guide

\*Registration Required



### SCAN THE CODE TO REGISTER FOR YOUR RESORT ACTIVITIES & FITNESS CLASSES

Please Note: Activities are subject to change. Outdoor programming is weather dependent.



### PRIVATE EXPERIENCES & TOURS

During your stay, we would like for you to experience the best of Banff National Park through one of our Fairmont Banff Springs Exclusive Experiences. These adventures are created to give our guests an experience that only Fairmont can deliver. You will get fully immersed into the landscape, history, culture and adventure that lives in the National Park.

For more information, Dial '0' to speak to a Royal Service agent.



### COMPLIMENTARY PUBLIC TRANSIT PASS

In an effort to reduce our environmental impact, we encourage you to take advantage of our regional transit system while exploring Banff National Park.

ROAM Transit passes are available for pick up at the Front Desk, Concierge Desk, Bell Desk, Fairmont Gold Reception, and Resort Activities Centre for your convenience.

VISIT: [roamtransit.com](http://roamtransit.com)

